



Julia Martha Flint

MAR 10, 1958 - JUN 8, 2022



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Julia Martha Flint, an accomplished actress and entertainment industry entrepreneur who later became a fervent animal rescue advocate and sign language instructor, died June 8, 2022 in Austell, Georgia, near the home she shared with a beloved menagerie of dogs, cats, and chickens. She was 64.

Born in New York City in 1958, the first of three children of George Squire Flint and Mary Alice (Davis) Flint, she grew up in Wilton, Connecticut, and graduated from Wilton High School in 1976. She earned a bachelor's degree in business and psychology from Sacred Heart University, and a Masters in Business Administration from the University of Connecticut.

Her passion for the performing arts grew over many years, informed by playing 45s in her bedroom in the 1970s, making the trek to Saratoga Springs, New York to see Bobby Sherman in concert, becoming a big fan of Elton John, but also ranging into less conventional tastes, such as the band Split Enz. She could play "Saturday in the Park" by Chicago impeccably on the piano, with special attention to the opening chords.

That interest in music, TV, and movies led her to move from Connecticut to the West Coast, settling in Burbank, California, where she produced independent films under Diva D Productions, notably the comedy-reality production "Cast This!", and landed roles in several television series, including "Beckinfield," "Devious Maids," "Hell Froze Over," and "Trophy Wife."

She followed the entertainment industry to the Atlanta area, settling on three acres outside Douglasville, Georgia, and continued her career in show business. More recent credits include "The Outsider," appearing in the episodes "Dark Uncle," "The Resident," and "Flesh of My Flesh." She played a prosecutor in the TV mini series "The Act."



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She was a member of the Screen Actors Guild/American Federation of Television and Radio Artists union, as well as the Television Academy.

Throughout, she also founded and operated several businesses that assisted fellow actors in following their dreams, including The Actor Connection, facilitating online audition taping, and Social Media Marketing for the Actor, a coaching service in leveraging social media tools to support careers in acting.

In addition, she became active in animal rescue. She turned her home into a foster care sanctuary and waystation for pets awaiting placement in new homes, even as she accrued her own collection of animals, upon whom she showered love and nurturing.

Later in her career she learned sign language, and became a highly effective online instructor. She taught the nurses a few gestures in her final days at the Wellstar Tranquility hospice facility, where she had been placed after a two-year battle against a rare form of uterine cancer.

She is survived by her mother, Mary Alice Flint of Providence, Rhode Island; a brother and sister-in-law, Anthony Flint and Tina Cassidy, of Brookline, Massachusetts; a half-brother and sister-in-law, Alexander Flint and Amanda Bower, of Sydney, Australia; a brother-in-law, Chris Cappella of Dunedin, Florida; and seven nieces and nephews. She was pre-deceased by her father, George Flint; aunt Martha Flint (from whom she took her middle name); and her beloved sister Melissa Cappella.

A memorial service has yet to be set.



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LR

Lee Russo posted:

To her family and friends, especially her mother who I was lucky enough to meet back in the 90s, I'm so sorry for your loss. Julia was not only our tenant in Norwalk CT but also our friend. My daughters adored her because she always found time for them. One of my favorite memories was watching Julia and the girls in our front yard, decorating an awkward little evergreen tree with Christmas bulbs probably close to forty years ago. I'll never forget her smile and what a kind person she was. ❤️ Lee Russo

February 8 at 11:12 PM

EL

Elisabeth posted:

I started working with Julia back in 2020 to polish up the "Actor Connection" and ASL websites for her. I was amazed at her range of interests and skills, and she was such a fun, optimistic and friendly person to work with. Earlier this year, she asked if I would polish up her personal website as a legacy, since she had only a few months to live. I was completely heartbroken to hear this. She was a lovely lady with a lot of love in her heart and a passion to help others. I'm truly sorry for your loss.

August 17 at 11:10 AM

DB

Dorota Bussey posted:

Julia will be missed. I am so glad we knew each other. We worked together for Women in Management in Connecticut. Her love of life, enthusiasm and generosity were an integral part of who she was. Thank you for being a role model, Julia!

July 29 at 6:51 AM



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Tim Wiltshire posted:

I'm very fortunate to have known Julia for 30+ years. We began working together at U.S.T. in Greenwich, CT and we have remained friends ever since. Her love of song, technology and animals made her very special to many people. Her Karaoke Christmas parties in CT were "world famous" :-)
She always had time for her friends. You could always count on a birthday card and a Christmas card that she would personalize. That's the thing, she took the time to be in your life. She gave back in so many ways. It has taken me a while to write something here because I'm still in shock of her loss. It is very sad to know that my text messages on my phone will never have a response from her. They will remain positive memories of her. While I know she is no longer in physical pain it is hard to fully absorb her loss. I love her very much and I know how much she is missed by her friends/family. She made a positive difference to those she interacted with. She made it a much better place to be. That legacy will not be forgotten. Sending my thoughts and prayers to her friends and family as we cope. May she rest in peace. She will always be remembered as a caring friend who brought smiles and laughter in our lives.

July 11 at 12:21 PM



Leticia La posted:

I would love the day when it would be time to give Ms Flint a fill for her lashes. All the stories she would have waiting for me! I just loved to make her look beautiful. We would go eat lunch at Blaze Pizza her favorite! She was such a faithful friend! I was an ear for her to listen. Lol I put her up on a lot of game (insider) only me and her know about. I'm going to miss you my sweet client! And to think I called you 5 days ago and also called you today until I found out the news! But you sleep now! I love you always! ❤️👍

June 21 at 9:16 AM



Keith Gonzales posted:

Julia was such a kind and caring person. She was always willing to lend a helping hand, whether it was adopting a pet, or offering support to a friend in need. You could count on Julia in good times and bad. She was a true friend who will be sorely missed and fondly remembered. Rest in peace dear Julia.

June 15 at 11:44 AM



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PM

Paula McClain posted:

Julia and I met through ASL. We would meet online and talk. She introduced me to her pets, especially her chickens. She was a bright spot and I always looked forward to our online meetings. I remember when she had a brief time away and then let us know her cancer had returned...my heart sank. But she was a fighter, kept her spirits up, and still managed to bring joy to our meetings. She will be missed greatly! May God Himself comfort her family, friends, and those who knew her during this time.

June 15 at 1:30 AM

TS

Tuffet Schmelzle posted:

I met Julia through mutual actors friends and watched her amazing cold reading skills at CD workshops. She was always helpful, offering advice to novice actors, sharing industry tips and know-how. She coached and filmed one of my best self tapes. She was hands down in a class all her own. This world shown a little brighter when she was in it and I'm sad to see her go. Rest In Peace, dear Julia.

June 14 at 7:45 PM

BS

Bob Stewart posted:

Julia was one of my early LA Actors members and also worked for me at Now Casting. She was the person who introduced me to my first iPod that got me back into music. She was so kind and extremely intelligent. Her love of animals was a passion. She will be missed.

June 14 at 7:58 AM

VB

Victoria Burrows lit a candle in honor of Julia.

I knew Julia as an actor, audition tape instructor & foster. She fostered numerous dogs for my star paws rescue. She was also a failed foster for 2 dogs.... Who I will be taking back in tomorrow for the rest of their life. Julia was always upbeat & positive during the years I was around her in L.A. I'm sad she left earth so young..... very glad she's out of pain now & hopefully she's with loved ones on the other side.... 4 legged & 2 legged! She will be missed on earth!



June 14 at 7:30 AM



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KB

Kathleen Beck posted:

I knew Julia in the late 70's when we worked together in Norwalk CT at Deluxe Check Printers. To this day she is one of the funniest people I've ever known! She was also very kind and caring. We were so young but had a lot of fun together. She was a great friend to me during our time together! We reconnected on FB and talked sporadically. So sad to learn of her passing. Condolences to her family and friends 🙏 Rest in eternal happiness my friend!! 🙏❤️

June 14 at 5:45 AM

TC

Tina Cassidy posted:

When I was on book tour in LA 10 years ago (it was also my birthday) she greeted me at the airport with balloons and a feathered tiara. It was enough for her to just come get me, but she brought the party with her -- a metaphor for how she moved through life. Rest in peace, Julia. You will be dearly missed.-Tina

June 14 at 5:08 AM



Memories only last if you share them

Join us in honoring Julia by contributing to a collection of shared memories.



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